

ASHLEY K. NORWOOD-STRICKLAND, PhD
Licensed Psychologist, AL #2072, IA #095686 #MS 59 1039
National Register Health Service Psychologist #56503

CLINICAL INTERESTS

Adults, College-Age, Adolescents, Families, and Couples seeking assistance with:

Depression	Anxiety/OCD
ADHD	Personality Disorders (Bipolar, Borderline)
Substance Abuse	Adolescent Illegal Sexual Behaviors
Eating Disorders	Severe Mental Illness (Schizophrenia)
Trauma	Child Behavior Problems
Incarcerated Populations	Comprehensive Psychological Evaluations
Risk Assessments	Forensic Evaluations

EDUCATION

Fall 2018- Present

Postdoctoral Masters in Clinical Psychopharmacology

Fairleigh Dickinson University

Projected Graduation: August 2020

August 2012- August 2017

Doctor of Philosophy in Clinical Psychology

Auburn University, Auburn, AL

Major: Clinical Psychology, Adult Track (APA Accredited)

Graduation Date: August 5, 2017

Dissertation: *Measuring Attachment in Adolescence:*

A Validation of the IPPA in a sample of Adolescents with Illegal Sexual Behaviors

Primary Advisor: Barry Burkhart, PhD, ABPP

August 2009 – April 2011

Master of Science in Clinical Psychology

Mississippi State University, Starkville, MS

Major: Clinical Psychology (MPCAC Accredited)

Thesis: *Perceived Parenting Styles, Psychopathology, and Environment: What Influences Projected Parenting?*

Primary Advisor: Cliff McKinney, PhD

August 2003 – December 2007

Bachelor of Arts in Psychology

Auburn University, Auburn, AL

Major: Psychology

Minor: Music Performance (Flute)

HONORS AND AWARDS

- 2016 Auburn University, Department of Psychology Teaching Fellow
- 2015 Graduate Travel Fellowship, Auburn University Graduate School
- 2014 Graduate Travel Fellowship, Auburn University Graduate School
- 2014-15 Preparing Future Faculty Fellow, Biggio Center for the Enhancement of Teaching & Learning, Auburn University
- 2013-14 Graduate Teaching Assistant Fellow, Biggio Center for the Enhancement of Teaching & Learning, Auburn University
- 2010 Graduate Research Award Finalist- Southeastern Psychological Association (SEPA) Conference
- 2007 Psi Chi, National Honor Society in Psychology, Auburn University
- 2006 Mortar Board, Collegiate Honor Society, Auburn University
- 2006 Head Drum Major, First Female, Auburn University Marching Band, Auburn University
- 2005 Drum Major, Auburn University Marching Band, Auburn University
- 2006 Director's Award for Leadership, Auburn University Marching Band, Auburn University
- 2006 Cater Society, Top Fifteen Auburn Women, Auburn University
- 2004 Phi Eta Sigma, Collegiate Honor Society, Auburn University
- 2004 Alpha Lambda Delta Honors Fraternity, Auburn University
- 2004 National Society of Collegiate Scholars, Auburn University

CLINICAL EXPERIENCE

September 2017 – Present

Licensed Clinical Psychologist

September 2017- September 2018

Clinical Postdoctoral Position

Supervisor: Peggy Howland, PhD / Sara Sutton, PhD

Clinical Psychologists, P.C., Auburn, AL

- Conduct intakes, psychodiagnostic testing, and therapy with children, adolescents, college students, and adult members of the community presenting with various psychological concerns

August 2018 – Present

Therapy Intern Site Supervisor

September 2017- August 2018

Mental Health Manager

Accountability Based Sex Offender Program (ABSOP)/Mt. Meigs, AL

- Provide direct clinical supervision for practicum site placement to two (2) therapy and three (3) assessment doctoral interns through the Clinical Psychology doctoral program at Auburn University
- Conduct treatment groups and provide individual therapy for incarcerated adolescents adjudicated for illegal sexual behavior (ages 12-19)
- Assist in proving forensic testimony to courts related to risk level
- Provide onsite supervision for the implementation of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) with identified trauma cases

July 2016 – July 2017

APA Approved Internship

Psychology Intern

Central Alabama Veterans Healthcare Services (CAVHC) Tuskegee, AL

Supervisor: George Munkachy, PsyD

(15-20 hours per week client contact; 1 hour/week of individual supervision; 2 hours/week group supervision)

- *Rotation 1: Outpatient Mental Health Clinic*
 - Carried a caseload of 6-7 Veterans for individual therapy
 - Utilized various evidence-based treatments including CBT, CPT, and PE
 - Co-lead outpatient psychotherapy groups including: PTSD 101, CBT-Depression, After Care, and Grief
- *Rotation 2: Primary Care Mental Health Integration (PCMHI)*
 - Carried a caseload of 10-12 Veterans for brief, solution-focused individual interventions
 - Worked in an inter-disciplinary setting with primary care providers, pharmacists, social workers, and psychiatrists to help Veterans achieve short-term goals using behaviorally based interventions
- *Rotation 3: Military Sexual Trauma Clinic (MST)*
 - Carried a caseload of 15-20 Veterans for individual therapy
 - Acting MST Clinic Coordinator for three months during Clinic Coordinator's medical leave
 - Lead monthly support groups for MST Veterans
 - Lead weekly MST treatment groups using CPT protocol while engaged in VA CPT Training Consultation Program

August 2015 – May 2016

Psychology Extern

Central Alabama Veterans Healthcare Services (CAVHC) Tuskegee, AL

Supervisor: Rodney Teague, PhD

(13-16 hours per week; 1 hour per week of individual supervision)

- High Intensity Psychiatric Unit (HIPU)
 - Attend daily Interdisciplinary Treatment Team meetings
 - Lead and co-lead daily groups including “Seeking Safety,” ACT, and Mindfulness
 - Conduct PTSD screenings as needed and provide individual therapy when requested from veterans on the unit

Supervisor: George Munkachy, PsyD

- Outpatient Psychotherapy
 - Carried a caseload of 6-7 clients seen on an outpatient basis
 - Conducted CPT under the supervision of a licensed psychologist

August 2014 – August 2015

Intake Coordinator

Auburn University Psychological Services Center (AUPSC) Auburn, AL

Supervisor: Polly Dunn, PhD

(13-17 hours per week; 1.5 hours per week of individual supervision)

- Conducted semi-structured intake interviews with children, adolescents, and families seeking therapeutic services
- Generated comprehensive psychological intake reports, including case formulation, treatment recommendations, and initial psychiatric diagnosis

- Provided crisis intervention to incoming clients as needed
- Engaged in consultation with individual clinicians regarding case assignment and conceptualization
- Participated in weekly staff meetings and presented intake reports for case conceptualization and assignment
- Administered, scored, and interpreted psychological assessment measures
- Created and maintained filing system for opening and closing client files

August 2013 – August 2014

Mental Health Specialist/Assessment Intern

Accountability Based Sex Offender Program (ABSOP-II) Mt. Meigs, AL

Supervisor: Barry Burkhart, PhD

(16 hours per week; 2.5 hours per week of group supervision)

- Provided individual therapy and conducted initial intakes with incarcerated adolescent males adjudicated for illegal sexual behavior
- Treatment services offered included addressing sexual misconduct, aggression toward women, anger management, substance abuse, traumatic victimization, grief, family reunification or negotiating home placement, building independent living, and prosocial skills
- Developed programmatic treatment manual to train and assist future interns
- Built skills in crisis management, case management, and systems-based interventions through collaboration with case managers, residential staff, teachers, and allied mental health professionals

August 2013 – August 2016

Graduate Clinician

Auburn University Psychological Services Clinic (AUPSC), Auburn, AL

Supervisors: Steven K. Shapiro, PhD, Joseph Bardeen PhD, Polly Dunn, PhD, Tracy Witte, PhD

(3 - 5 hours per week; 1 - 4 hours per week of individual/group supervision)

- Provide assessment and intervention services to adults and families from the community
- Gain exposure to assessment and intervention practices for presenting problems including, but not limited to: ADHD, LD, ID, anxiety, conduct problems, suicidality, and trauma history
- Participate in a variety of didactic experiences individually and as part of peer supervisory team, including training in Mindfulness Based Interventions and Interpersonal Psychotherapy (IPT)

August 2011– April 2012

Graduate Clinician

Student Counseling Services, Mississippi State University

Supervisor: Leigh Jensen, PhD

(3 - 5 hours per week; 1 - 4 hours per week of individual/group supervision)

- Facilitated group therapy sessions focused on mindfulness, meditation, drug and alcohol abuse, and risky behaviors
- Screened and assessed crisis intervention cases presented as walk-in clients, medical referrals, and/or university mandated clients
- Attended weekly staff meetings and case conference presentations to assess current at-risk clients and address issues and interventions with particularly challenging cases

October 2010 – April 2012

Graduate Clinician

Psychological Evaluations, Mississippi State University

Supervisor: Jared W. Keeley, PhD

(3 - 5 hours per week; 1 hour per week of individual/group supervision)

- Conducted intake assessments and psychological test batteries to determine a diagnosis for clients referred for educational and psychological problems
- Administered, scored and interpreted: The Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV), Woodcock-Johnson Tests of Achievement-Third Edition (WJ-III ACH), Personality Assessment Inventory (PAI), Clinical Assessment of Attention Deficit-Adult Form (Cat-A), & Nelson-Denny Reading Test-Form G
- Case conceptualizations presented via formal written report to supervisor for review and consultation.
- Liaison to family and client, under supervision, to discuss test results and findings.

October 2011 – April 2012, **Staff Clinician**

January 2011 – May 2011, **Clinical Counseling Intern**

Golden Triangle Recovery Center, Starkville, MS

Supervisor: Michael Valentine, M.S.

(6-8 hours per week; 1 - 4 hours per week of individual/group supervision)

- Provided individual and group counseling for chemically dependent clients
- Responsible for intake admissions and interviews including the Substance Abuse Screening Inventory (SASSI-3), and psychosocial history
- Formulated treatment goals and objectives based on client needs and feedback in the form of individualized treatment plans
- Coordinator of Aftercare treatment phase; responsible for clients who successfully complete the intensive outpatient program
- Facilitated educational groups including relapse prevention, coping with social and personal risk factors, guilt and shame, and recognizing triggers

May 2010 – August 2010

Mental Health Clinical Intern

North Mississippi Regional Center, Behavioral Health

Supervisor: Sally West LPC, LMFT

(3 - 5 hours per week; 1 - 4 hours per week of individual/group supervision)

- Assessed and treated acute psychiatric patients throughout a supervised practicum experience
- Conducted client intake interviews, created short-term and long-term treatment plans, lead group therapy sessions, and counseled patients individually
- Responsible for daily addition of individual and group process notes as documented in case files
- Facilitated activities and discussions related to anger management, stress and anxiety, grief, problem-solving skills, assertiveness training, communication, and psychological disorders
- Participated in daily treatment team meetings to evaluate client progress, goals, and effective therapeutic approaches for success

January 2008 – September 2008

Mental Health Specialist

Accountability Based Sex Offender Program (ABSOP-II) Mt. Meigs, AL

Supervisor: Barry Burkhart, PhD

(8-10 hours per week; 1 hour per week of individual supervision)

- Co-facilitated group therapy focused on collaboration, teambuilding exercises, and emotion regulation through problem solving, physical challenges, games, and role playing
- Co-facilitated group therapy aimed at refocusing the adolescents experiencing difficulty on their therapy track by building problem-solving skills and addressing emotion-regulation

PEER-REVIEWED SYMPOSIA AND PAPER PRESENTATIONS

Norwood-Strickland, A. (2015, October). Parental and Peer Attachment in AISB versus AGDB populations: A Theoretical Perspective. In J.E. Newman (Chair), *Viewing the assessment and treatment of adolescents with illegal sexual behaviors through the lens of attachment*. Symposium conducted at the meeting of the Association for the Treatment of Sexual Abusers, Montréal, Québec, Canada.

Norwood-Strickland, A., Fix, R.L., Morais, H., Buckley, P., & Burkhart, B. (2014, March). *Race, Attachment Styles, and Family Structure Differences among Juvenile Delinquents with and without Sexual Offenses*. Paper presented at the meeting of the American Psychology and Law Society, New Orleans, Louisiana.

Mims, B.D., Simmons, L.W., & **Norwood-Strickland, A.** (2014, March). *Autism Symptoms in Juvenile Delinquents*. Paper presented at the meeting of the Southeastern Psychological Association, Nashville, Tennessee.

Burkhart, B., Simmons, L., Newman, J., Kantra, L., **Norwood-Strickland, A.,** Jacksons, M., Miranda, M., & Gray, E. (2013, March). *Next-Generation Programming: Providing Psychological Services to Difficult Adolescent Populations*. Symposium presented at the meeting of the Southeastern Psychological Association, Atlanta, Georgia.

Warren, A., **Norwood, A.,** Jacquin, K. (2010, March). *Rape myth and consent law education reduces mock juror bias*. Paper presented at the meeting of the Southeastern Psychological Association, Chattanooga, Tennessee.

OTHER PEER-REVIEWED PRESENTATIONS

Fix, R., & **Norwood-Strickland, A.,** (2015, October). *Disproportionate minority contact in youth with illegal sexual behavior: The role of social factors*. Poster presented at the meeting of the Association for the Treatment of Sexual Abusers (ATSA), Montréal, Québec, Canada.

Cyperski, M., **Norwood-Strickland, A.,** & Burkhart, B. (2014, November). *Dysfunctional parenting predicts oppositional behavior in juvenile sex offenders*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, Pennsylvania.

- Norwood-Strickland, A.**, Connolly, J., Billups, J., & McKinney, C. (2012, March). *Perceived parenting, psychopathology, and environment: What Influences Projected Parenting?* Poster session presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.
- Beck-Xaysuda, L., Leibold, H., **Norwood, A.**, Stubbs, M., & McKinney, C. (2011, March). *Parenting Style, Attachment, and Deviant Sexual Behaviors*. Poster session presented at the meeting of the Southeastern Psychological Association Convention, Jacksonville, Florida.
- Power, L., **Norwood, A.**, Leibold, H., & McKinney, C. (2011, March). *Childhood playtime, parenting styles, and current adjustment in late adolescents*. Poster session presented at the meeting of the Southeastern Psychological Association Convention, Jacksonville, Florida.
- Milone, M., **Norwood, A.**, Haines, L., Pitman, E., & McKinney, C. (2011, March). *Parenting, parental psychopathology, and late adolescent psychological adjustment*. Poster session presented at the meeting of the Southeastern Psychological Association Convention, Jacksonville, Florida.
- Simms, A., Jacquin, K., **Norwood, A.**, Yonge, C. (2010, March). *Training enhances accuracy when profiling sexual homicide offenders*. Poster session presented at the meeting of the Southeastern Psychological Association Convention, Chattanooga, Tennessee.
- McKinney, C., Renk, K., Norwood, A., Power, L., Wynn, B. (2010, March). *Cross-informant and gender differences in parenting and adolescent adjustment*. Poster session presented at the meeting of the Southeastern Psychological Association Convention, Chattanooga, Tennessee.
- Norwood, A.**, Burkhart, B.R., Cook, P.K., Stevens, M.K. (2009, March). *Effectiveness of creative writing on psychological well-being in prison*. Poster session presented at the meeting of the 2009 Southeastern Psychological Association, New Orleans, Louisiana.
- Cook, P. K., Burkhart, B. R., Lazarte, A. A., McQueen, D. R., McCutcheon, J. C., & **Norwood, A.** (2008, March). *Iatrogenic Effects Measured within a Juvenile Sexual Offender Population*. Poster session presented at the meeting of the Southeastern Psychological Association, Charlotte, NC.
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OUTREACH

July 2018

Invited Speaker

Major Depressive Disorder: Signs, Symptoms & Safety in Veterans

Central Alabama Veterans Healthcare System

National Infantry Museum, Ft. Benning, GA

- Presented to community members, Veterans and their families, and VA providers on MDD in Veterans at the annual *Community Mental Health Summit*

February 2014

Graduate Clinician

National Eating Disorder Awareness Screening Day, Auburn University

Supervisor: Polly Dunn, PhD

- Assisted in screening college students for possible eating disorders
- Administered and scored the National Eating Disorder Awareness Day Screener

- Provided students with feedback on their eating habits, healthy practices, and if necessary, provided referrals and follow-up assessment of disordered eating

April 2013, April 2015

Graduate Clinician

National Alcohol Screening Day, Auburn University

Supervisor: Polly Dunn, PhD

- Assisted in screening college students for possible alcohol-related problems; administered and scored the Alcohol Use Disorders Identification Test (AUDIT)
- Provided students with feedback on their alcohol use, harm-reduction recommendations, and referrals

April 2013

Group Leader

Camp Good Grief, East Alabama Medical Center, Hospice Advantage

Supervisor: Jennifer Filush, M.Ed., LPC

- Lead group of 12 children through a series of grief-expression activities
- Discussed the effects of losing a loved one, coping mechanisms, and the importance of support
- Supported children experiencing the grief process and provided parents with feedback at the end of camp

October 2012, 2013, 2014, 2015, 2016

Graduate Clinician

National Depression Screening Day, Auburn University

Supervisor: Polly Dunn, PhD

- Administered the HANDS Depression Screening Tool, Mood Disorders Questionnaire (MDQ), Carroll-Davidson Generalized Anxiety Disorder Screen, & Modified Sprint PTSD Screen to undergraduate students to screen for depressive disorders and suicidality
- Met with students to provide assessment results and interpretations, as well as resources and support

SUPERVISION

August 2017- Present

Forensic Site Supervisor, Licensed Clinical Psychologist

Mental Health, Auburn University, DYS, Mt. Meigs, AL

- Responsible for providing weekly group and individual supervision to assessment and therapy interns from the Auburn University Clinical Psychology doctoral program
- Provide feedback and review of assessment administration, reports, diagnostic presentations, risk assessments, and therapy interventions
- Responsible for overseeing effective implementation of EBPs within treatment, including but not limited to: TF-CBT, Seeking Safety, and MET with individuals who are incarcerated

August 2018-May 2019

Licensed Clinical Supervisor, Licensed Psychologist

- Provided supervision to a doctoral level LPC who practiced within a medical setting

- Assisted with crisis management cases, triage, and provided clinical oversight for Medicaid requirements

Spring 2015

Graduate Teaching Assistant

Assessment of Cognitive Abilities and Achievement, Auburn University

Faculty Supervisor: Steve Shapiro, PhD

- Instructed first-year graduate clinicians on administration and scoring procedures of the Wechsler Adult Intelligence Scale, 4th Edition (WAIS-IV) and Woodcock-Johnson III Tests of Achievement (WJ-III ACH)
- Provided peer supervision through detailed in vivo and written feedback on completed protocols, video recorded administrations, and interpretive reports
- Developed and delivered class lecture to help students link testing results to specific academic accommodations or other recommendations for intervention
- Met with students to address questions and to provide further instruction

Spring 2012

Clinical Supervisor

Counseling Clinic, Mississippi State University

Supervisor: Kathy Dooley, PhD

- Responsible for supervising master's level counseling, as well as marriage and family therapists
- Assigned a case load of 5-6 students to meet with individually to discuss treatment progress, review videotaped sessions, evaluate and give feedback, and engage in didactic training with clinicians

PROGRAM DEVELOPMENT

September 2017- August 2018

Mental Health Manager

Accountability Based Sex Offender Program (ABSOP-II) Mt. Meigs, AL

- Responsible for evaluating current treatment and assessment protocols for trauma-based juvenile detention facility focusing on illegal sexual behaviors
- Implemented additional protocols for risk assessments to streamline the discharge process and aid in court evaluations
- Integrated evidence-based suicide risk assessments to accompany Department of Youth Services protocols

August 2015 – January 2016

Psychology Trainee

Central Alabama Veterans Healthcare Services (CAVHCS) Tuskegee, AL

Supervisor: Rodney Teague, PhD

- Assist in a program development project related to increasing provider collaboration and utilization of interdisciplinary treatment plans

January 2008 – September 2008

Program Assistant

Accountability Based Sex Offender Program (ABSOP-II) Mt. Meigs, AL

Supervisor: Barry Burkhart, PhD

- Responsible for assisting the ABSOP-II Program Director in evaluation and modification of current treatment groups, dorm counseling, treatment team meetings, and implementation of empirically-supported treatment protocols
- Assisted in the IRB process related to current treatment and assessment protocols
- Responsible for performing regular clerical duties including: data entry, creating spreadsheets, editing documents, filing, and coordinating weekly snack procurement and distribution with dorm supervisors

August 2007 – September 2008

Program Assistant

Alabama Prison Arts + Education Project, Auburn University

Supervisor: Kyes Stevens, MFA

- Collaborated with the Director and Auburn Department of Psychology to create an IRB approved research project that evaluated the effect of class participation on inmate psychopathy
- Assisted the Director in running a program which currently works alongside 18 prisons and transitional facilities across the state of Alabama offering art, history, science, and literature classes to incarcerated individuals
- Assisted in grant applications that included National Endowment for the Arts (NEA), The Puffin Foundation, and National Endowment for the Humanities (NEH)

RESEARCH EXPERIENCE

Summer 2015 – May 2016

Doctoral Dissertation

Auburn University, Auburn, AL

Project Title: *Measuring Attachment in Adolescence: A Validation of the IPPA in a sample of Adolescents with Illegal Sexual Behaviors*

Dissertation Chair: Barry Burkhart, PhD, ABPP

Anticipated Defense Date: May 31, 2016

- Developed research question and project design
- Organize and analyze data within naturalistic residential treatment center
- Focused on analyzing the psychometric properties and providing validation for the Inventory of Parental and Peer Attachment (IPPA) within a residential treatment facility

August 2012 – Present

August 2008 – 2009, **Undergraduate Research Assistant**

Juvenile Delinquency Lab

Auburn University

Supervisor: Barry Burkhart, PhD, ABPP

- Serve as principal and assistant investigator for projects related to juvenile delinquency, trauma, psychopathy, attachment, diversity, neuropsychological functioning, and personality functioning
- Prepare materials for scholarly presentations and manuscripts

- Administered psychological testing batteries to adolescents, hand-score and enter data from self-report measures into various data processing systems as an undergraduate research assistant

August 2010 – April 2011

Master's Thesis

Mississippi State University, Starkville, MS

Project Title: *Perceived Parenting Styles, Psychopathology, and Environment: What Influences Projected Parenting*

Mississippi State University (A. Norwood, PI)

- Master's thesis research project focusing on parenting and parenting styles as related to the formulation of parenting styles in later generations (projected parenting). Due to a lack of recent research in the area, this study examined how college-age students believe they will parent when they have children

August 2009 – April 2011

Parenting and Child Psychology Lab

Mississippi State University

Supervisor: Cliff McKinney, PhD

- Participated in lab meetings addressing current research in child and adolescent behavior disorders and psychopathology
- Contributed to various research projects and ideas related to adolescent conduct disorder, parenting perceptions, and the impact of playtime in childhood
- Developed a thesis topic analyzing the relationship of perceived parenting styles, participant and parental psychopathology as related to participant projected parenting styles

August 2007 – February 2008

Effectiveness of Creative Writing on Psychological Well-Being in a Prison Setting

Auburn University

Supervisor: Barry Burkhart, PhD, ABPP

- Designed, coordinated, and submitted an IRB Approved Research Project as an undergraduate
- Administered multiple psychological measures to 45 adult male inmates in a medium security correctional facility; hand-scored the Brief Symptom Inventory (BSI), Pennebaker Inventory of Limbic Languidness (PILL), and the Positive and Negative Affect Schedule (PANAS) to determine the effectiveness of creative writing on psychological state, mood, and behavior patterns

January 2007 – January 2008

Stressful Life Events, Trauma Lab

Auburn University

Supervisor: Frank Weathers, PhD

- Research Assistant for post-traumatic stress disorder lab, focusing on the stressful life events experienced by college students
- Conducted and administered testing sessions for multiple participants, entered and coded data into SPSS
- Created new testing packets, worked one on one with graduate students to clean data, and participated in research lab training meetings

TEACHING EXPERIENCE

Fall 2019

Instructor of Record

Adjunct Faculty, Abnormal Psychology

Department of Psychology, University of Iowa

- Created syllabus, activities, and all evaluative methods for 80 person on-campus course

Summer 2016, Spring 2017, Summer 2017, Spring 2018, Fall 2018, Spring 2019, Summer 2019. Fall 2019

Instructor of Record

Developmental Psychology, Introduction to Psychology

Department of Psychology, Auburn University

- Created syllabus, activities, and all evaluative methods for 120 person on-campus course
- Administered, graded, and maintained records for evaluative methods
- Held office hours and meetings as needed

Fall 2018. Spring 2019

Instructor of Record

Introduction to Psychology

Department of Psychology, University of Alabama Birmingham

- Developed and created lectures, videos, interactive activities, and project opportunities for developmental psychology delivered in an online format
- Administered, graded, and maintained records for evaluative methods
- Held office hours and meetings as needed

Fall 2017

Instructor of Record

Introduction to Psychology

Department of Psychology, Auburn University Montgomery

- Created syllabus, activities, and all evaluative methods
- Administered, graded, and maintained records for evaluative methods
- Held office hours and meetings as needed

Fall 2012 – Spring 2016

Graduate Teaching Fellow

Department of Psychology, Auburn University

Supervisors: Aimee Callender, PhD, Bill Buskist, PhD

- Completed program requirements including:
 - Successful completion of The Teaching of Psychology course as well as the Advanced Seminar in Teaching of Psychology
 - Served as an Instructor of Record

Summer 2015

Instructor of Record

Research Methods

Department of Psychology, Auburn University

Supervisor: Aimee Callender, PhD, Bill Buskist, PhD

- Created syllabus, lectures, PowerPoint slides and all evaluative methods
- Conducted 1.5-hour lectures daily for a five week mini-semester class (24 students)
- Administered, graded, and maintained records for evaluative methods
- Responsible for creating and structuring the lab portion of the class, as well as supervising the GTA
- Held office hours and meetings as needed

Fall 2014 – Fall 2015

Preparing Future Faculty Program

Biggio Center for the Enhancement of Teaching & Learning, Auburn University

Supervisors: Gisela Buchler-Diller, PhD

- Selected from a pool of applicants to participate in a cohort of graduate students dedicated to increasing readiness to assume faculty roles, understanding the expectations and functional realities of faculty life, developing wider institutional networks, and making graduate study more responsive to disciplinary and professional needs
- Enrolled in a teaching class for an academic year that focused on topics related to academic careers, including but not limited to: preparing teaching statements, funding and grant proposals, tenure and promotion, publishing your work, and ethics in higher education

January 2013 – January 2014

Graduate Teaching Assistant Teaching Fellow

Biggio Center for the Enhancement of Teaching & Learning, Auburn University

Supervisor: S. Raj Chaudhury, PhD

- Selected from a pool of applicants to participate in a 15 member, highly competitive and university-wide group, consisting of Graduate Teaching Assistants dedicated to improving the ideas, methods, and materials available to GTAs across campus
- Contributing author on the Wiki-based GTA Handbook for Auburn University to disseminate emerging techniques and evolving policies

August 2012 – July 2013

Graduate Teaching Assistant

Introduction to Psychology

Department of Psychology, Auburn University

Faculty Advisors: Aimee Callender, PhD, Jennifer Daniels, PhD, and William Buskist, PhD

- Prepared and delivered activities and examinations for undergraduate students during weekly psychology lab sections, including quizzes via iClicker
- Developed and delivered lectures to over 300 undergraduate students
- Graded and maintained records of students' assignments, created materials and independently taught three lab sections per week, as well as held weekly office hours to assist students one-on-one

DEPARTMENTAL SERVICE

2016

Interview Weekend Coordinator

Auburn University, Auburn, AL

- Responsible for organizing all sub-committees for departmental interview weekend

including venue preparation, coordinating meals, housing arrangements, and candidate transportation

- Personally responsible for potluck dinner, slide show presentation, and implementation of new procedures to ensure a broad faculty/grad student exposure for the candidates

April 2015 – Present

Student Liaison

Auburn University, Auburn, AL

- Elected by peers to serve as the cohort representative of town hall-style meetings held among the clinical program's student body
- Communicate with cohort members in order to generate, collect, and compile student perspectives, comments, and feedback
- Assist in preparing student feedback to be delivered to the Director of Clinical Training (DCT) and clinical program faculty
- Facilitate communication between students and faculty regarding training opportunities, departmental or programmatic changes, and scheduled events

2014, 2015

Interview Weekend Committee Member

Auburn University, Auburn, AL

- Coordinated various facets of departmental interview weekend including arranging meals and housing for visiting candidates
- Involved in disseminating information to interviewees regarding scheduling and information about the program, as well as serving as a host for the weekend

CAMPUS AND PROFESSIONAL LEADERSHIP

2015 – 2016

Student Advisory Board Member, *Student Counseling Services*, Auburn University

2014 – 2015

President, *Psychology Graduate Organization (PsyGO)*, Auburn University

2013 – 2015

Senator, *Auburn University Graduate Student Council*, Psychology Department

2012 – 2013

Fundraising Chair, *Psychology Graduate Organization (PsyGO)*, Auburn University

UNIVERSITY OUTREACH

August 2015 – May 2016

Safe Harbor Advocate

Health Promotion and Wellness Services, Auburn University

Supervisor: Eric Smith, M.A.

- Part of a multi-disciplinary team of partners called the Sexual Assault Response Team (SART) which includes community support personnel, administrators, law enforcement, medical professionals, mental health practitioners, and community agencies

- Utilize a team approach to helping survivors of sexual assault and dating/domestic violence by helping to ensure that a survivor-centered approach is taken during the recovery process
- Accompany and support survivors and their families through the aftermath of sexual assault and dating/domestic violence or abuse
- Working as member of SART, help to provide a continuity of care during all aspects of the victim's recovery, such as medical and psychological treatment, safety planning, investigations, and the judicial process

July 2015

Invited Speaker: Treating Anxiety Disorders

Department of Human Development and Family Studies, Auburn University

- Invited speaker for the Marriage and Family Therapy Master's level clinicians on the presentation and treatment of anxiety disorders in adolescents and adults
- Provided an introduction to the empirically-supported treatments most commonly used when treating anxiety disorders
- Discussed caveats to anxiety disorder presentations in adolescents versus adults

February 2012

Understanding Anger: How emotions affect Greek Organizations

Greek Leader Conference, Mississippi State University

Supervisor: Joan Looby, PhD

- Co-facilitated presentations designed for Panhellenic Council and National Panhellenic Council Greek Leaders for the annual Mississippi State Greek Leader Conference
- Provided psychoeducation and materials that enabled participants to more effectively manage anger and emotions with their peers
- Engaged participants in role-play activities focused on conflict-resolution skills
- Also provided consultation and referral services for participants following the workshop

August 2011- April 2012

Veterans Workshop Series

Student Counseling Center, Mississippi State University

Supervisor: Joan Looby, PhD

- Co-facilitated and lead workshops designed especially for students with veteran or current military status while enrolled at Mississippi State University
- Designed and planned sessions focused on communication skills, adapting to the college environment, anxiety, time management, and skills training to facilitate the transition process for those returning from overseas
- Assessed and screened workshop participants for further counseling referral

August 2011- April 2012

Healthy Relationship Workshop Series

Mississippi State University

Student Counseling Center

Supervisor: Joan Looby, PhD

- Co-facilitated workshops for students and faculty focused on the development and maintenance of healthy relationships including significant others, friendships, and family members
- Conducted sessions focused on active listening, creating boundaries, communication skills, and assertiveness training to promote the formation of healthy relationships
- Assessed and screened workshop participants for further counseling referral

August 2011- August 2012

Safe Zone Ally

Mississippi State University

Student Counseling Center

- Provided one-on-one confidential mentoring to support members of the campus community with special emphasis given to LGBTQ issues

COMMUNITY SERVICE

August 2018- May 2019 **VP Fund Development**

August 2017- May 2018 **Recording Secretary**

August 2013- August 2017 **VP Publications, VP Social Media/Public Relations**

Junior League of Lee County, Auburn, AL

- Aid in promoting health and wellness among elementary and middle school children of Lee County by providing and assisting with access to food, nutritional education and physical education
- Partner with the Food Bank of East Alabama in the Backpack Program where ready-to-eat meals and snacks are provided for elementary and middle school children to take home on the weekends
- Help pack approximately 2,500+ backpacks monthly with food for local children to receive each weekend

October 2015 – May 2016

Crisis Call/Intake Counselor Volunteer

Domestic Violence Intervention Center of East Alabama, Opelika, AL

- Respond to calls and intakes between the hours of 5:00 and 11:00 P.M when volunteering
- Responding to Lee County Police Stations or Hospital (in Opelika) for intakes. Completing all of the necessary paperwork for individuals, conducting intakes, and reporting to the Night Manager
- Help co-lead community support group meetings held for women who are seeking support and assistance out-of-shelter

July 2015- May 2016

Volunteer

Food Pantry, Auburn, AL

- Prepare boxes weekly for distribution to community members and assist members in shopping for household and personal necessities
- Available to the members as a resource to help connect with other agencies, troubleshoot problems, or provide emotional support as needed
- Serve approximately 70-80 community members each week

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)

Division 12: Society of Clinical Psychology

Association for the Treatment of Sexual Abusers (ATSA)

TRAINING AND CERTIFICATION

January 2019

Autism Diagnostic Observation Schedule- Second Edition (ADOS-2)

Vanderbilt University, TN

January 2018

Trauma Focused- Cognitive Behavior Therapy (TF-CBT)

Texas Tech University, Lubbock, TX

October 2015

Cognitive Processing Therapy (CPT) for PTSD

Tuscaloosa Veterans Healthcare Administration, Tuscaloosa, AL

September 2015

Prolonged Exposure (PE) Therapy for PTSD

Central Alabama Veterans Healthcare Administration, Tuskegee, AL

September 2013 – May 2014

General and Sexual Violence Risk Assessment for Adults and Adolescents

Auburn University, Auburn, AL

June 2014

Stewards of Children: Child Sexual Abuse Prevention

Auburn University, Auburn, AL

August 2011

Psychodrama and Motivational Interviewing Training

Addiction Technology Transfer Center Network, Funded by Substance Abuse and Mental Health Services Administration (SAMHSA), Meridian, MS

April 2011

Substance Abuse Subtle Screening Inventory (SASSI): Administration and Scoring Certificate

SASSI Institute Inc., Jackson, MS